

Do You Have The Right Kind Of Mindset To Succeed As A Coach?

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In order to succeed as a coach, you need to have the right mindset because working for yourself and setting up a small business requires you have more skills available to you than you needed when you worked in corporate. So this quiz will help you identify what kind of mindset you have now, compared to the kind of mindset you need to be successful.

There are 4 mindsets that the quiz seeks to identify

1. A resilient mindset
2. An employee mindset
3. A business mindset
4. An entrepreneur mindset

Each has their pros and cons, but only one is NOT suitable for being successful as a coach.

The aim of the quiz is to give you insight into whether your present mindset will help you become a high ticket coach.

According to your results you have a resilient mindset

Read the report below and use it to enhance your coaching. And also watch out in your inbox more details of how to be a high ticket coach.

You Have A Resilient Mindset

PROS

Adaptability: Being resilient means you can adapt to changes and challenges, making you more versatile in various situations.

Increased Productivity: The ability to bounce back from setbacks quickly allows for a more focused and productive approach to tasks.

CONS

Overcoming Failure: Overemphasis on resilience might lead you to overlook the importance of learning from failure and making necessary changes.

Risk of Burnout: Constantly bouncing back from challenges without addressing the root causes may contribute to burnout over time.

SUCCESS CONTEXT

Entrepreneurship: Resilience is crucial for entrepreneurs facing uncertainties, failures, and the need for constant innovation.

Leadership Roles: Resilient leaders can guide teams through challenges, inspire confidence, and adapt to changing circumstances.

Personal Development: Resilience aids in overcoming obstacles on the path to personal growth, learning, and self-improvement.

You Have A Resilient Mindset

FAILURE CONTEXT

Decision-Making Bias: Overly resilient individuals might have a bias towards maintaining the status quo, preventing objective decision-making.

Neglecting Personal Boundaries: You may neglect setting and respecting personal or professional boundaries, leading to over commitment and exhaustion.

SUMMARY AND NEXT STEPS

In summary, while a resilient mindset is generally beneficial, there are contexts where an overemphasis on resilience can lead to potential downsides.

Balancing resilience with adaptability, self-awareness, and a realistic approach to challenges is key to maximizing its positive impact.

Next steps: 1. Under what circumstances do you find that you are overly resilient?

2. Identify what you can do to change things.

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